



2012 RUN, WALK & ROLL FOR OUR CHILDREN

Since 1967, the Nanaimo Child Development Centre has been helping central island children from birth to 19 years of age and their families. As an agency with CARF accredited programs, we are governed by a volunteer Board of Directors with a staff of over 80 dedicated individuals, we operate primarily from our Centre located at 1135 Nelson St. Our services are based on the philosophy that children have the right to quality services which facilitate their optimum development, and that early recognition and prompt intervention can enhance a child's ability. We provide services to nearly 1800 children and their families and have served over 10,000 children through the years! The need for our services is great and we are faced with a waitlist of over **326 children**, waiting an average of 12 months for some services.

No child with special needs should wait for quality services. Our pressing immediate need is to dramatically reduce the waitlist at the Centre by funding therapies and support for children with special needs. We need your help! Your donation will help children now, while also "Opening Doors" for their future.

To help us, call (250) 753-0251 Ext. 227 or email michelle@nanaimocdc.com.



Sponsored by



Benefitting



9:00 am - Sunday May 6

Woodgrove Centre Parking Lot

250.753.0251 ext 227 www.nanaimocdc.com

REGISTRATION: 7:30 - 8:30 AM at Woodgrove Centre day of the event or online at www.nanaimorun.com prior to the event

EVENT IS OPEN TO ATHLETES OF ALL ABILITIES!

Runners, Walkers, Baby Strollers, Wheelchairs & Power Chairs Welcome

Run, Walk or Roll, collect donations, have fun, and make a difference that matters to children with developmental needs and their families!



All participants who fundraise more than \$100 will be entered to win a prize basket valued at \$200!



REGISTRATION

Sunday, May 6, 2012
 Woodgrove Centre
 7:30 - 8:30 AM Registration
 8:30 AM Warm – Up
 9:00 AM Start

Run, Walk & Roll sponsored by Woodgrove Centre benefitting the Nanaimo Child Development Centre

PARTICIPANT INFORMATION

Name: _____ Gender: Male Female
 Address: _____ Date of Birth: _____ year / month / day
 City: _____ Province: _____ Postal Code: _____
 Phone Number: _____ Email: _____
 Emergency Contact: _____ Emergency Contact Phone: _____

Please check one		NOTE: Are you pushing a baby stroller, wheelchair or other transport device? A separate Registration Form will need to be filled out for <u>each</u> participant.					
Walker/Runner	<input type="checkbox"/> Individual <input type="checkbox"/> Team	<input type="checkbox"/> 2 km	<input type="checkbox"/> 5 km	<input type="checkbox"/> 10 km	Team Name		
Baby Stroller	<input type="checkbox"/> Individual <input type="checkbox"/> Team	<input type="checkbox"/> 2 km	<input type="checkbox"/> 5 km	<input type="checkbox"/> 10 km	Team Name		
Wheelchair	<input type="checkbox"/> Individual <input type="checkbox"/> Team	<input type="checkbox"/> 2 km	<input type="checkbox"/> 5 km	<input type="checkbox"/> 10 km	Team Name		
Power Chair	<input type="checkbox"/> Individual <input type="checkbox"/> Team	<input type="checkbox"/> 2 km	<input type="checkbox"/> 5 km	<input type="checkbox"/> 10 km	Team Name		
Other* (explain)	<input type="checkbox"/> Individual <input type="checkbox"/> Team	<input type="checkbox"/> 2 km	<input type="checkbox"/> 5 km	<input type="checkbox"/> 10 km	Team Name		

Team Name: _____

PARTICIPATION FEE OPTIONS (One form per participant)

1. Fundraise & Waive Fee

Adult/Sr./Youth – Fee waived when you raise \$100 or more

Children (6-12 years of age) – Fee waived when you raise \$50 or more

Team – Fee waived when you raise \$1000 or more (to a maximum of 10 team members)

NOTE: Tax Receipts will be issued for donations of \$10 or more.

Donation forms www.nanaimorun.com

2. Pay Participation Fee

\$25 for **Adult, Seniors and Youth**

\$10 for **Children (12 & under)**

Free for **Children 5 & under**

*One free shirt will be given to each registered participant (6 years & up)

Shirt Size (Circle one)

Ladies Sizes XS S M L XL XXL
 Men Sizes S M L XL XXL XXXL
 Youth Sizes S M L

WHERE TO SUBMIT THIS FORM

- Pay fee at or bring fundraised dollars to:**
- Nanaimo Child Development Centre
1135 Nelson Street, Nanaimo, BC V9S 2K4
 - Pay online www.nanaimorun.com or www.nanaimocdc.com (You Can Help tab **You Make Your Donation ...Here**)
 - Pay/Bring to RWR Bag pick up area at Woodgrove Centre on Sat. May 5th
10 AM – 2 PM (kiosk near "The Flight Centre")
 - Pay/Bring to Registration Area on Run Day (parking lot of Woodgrove Centre near Walmart) 8:30 AM

One free Woodgrove Centre \$10 Gift Card will be given to the first 250 participants (6years & up)
 All participants who fundraise more than \$100 will be entered to win a prize basket valued at \$200!

PARTICIPATION PAYMENT METHODS

Cheque (payable to Nanaimo Child Development Centre) Cash (do not mail)

Credit Card: Visa / Mastercard (circle one) # _____ Expiry _____ / _____

Cardholder name: _____ Signature: _____

Please read carefully before signing this Nanaimo Child Development Centre Run, Walk & Roll Release and Indemnity.
For safety reasons, in-line skates, skateboards and motorized modes of transport (other than power wheelchairs) are not allowed on the route.

I know running, walking and/or rolling in an event is a potentially hazardous activity. I will not enter and run, walk or roll unless I am medically able to do so. I assume all risks associated with running, walking and/or rolling in this event, including but not limited to the effects of weather, traffic course conditions and course surfaces, falls and contact with other runners, walkers, rollers, volunteers and spectators. It is understood by the undersigned that this run, walk and roll event is entered at the sole risk of the undersigned and knowing these facts in consideration of the Nanaimo Child Development Centre Society, its officers, its employees, City of Nanaimo, event sponsors, volunteers and organizers accepting this entry. I hereby for myself, my heirs, executors and administrators, waive all claims against and release, save harmless and indemnify them. I hereby acknowledge I have read this release and waiver and by registering in the event I understand and accept its terms. I (we) also consent to the use of my (our) name and photograph in conjunction with this event.

Signature of parent or guardian (if participant is under 19)

Participant Signature

Date: _____